



- 2 編者的話
- 4 專訪英國國家健康及工作總監嘉露•布萊克教授  
An interview with Professor Dame Carol Black, Director for Health and Work, UK
- 8 在飲食業推行「5S」的益處
- 11 如何在機構內有效推廣職安健訊息
- 14 中國近代安全史
- 16 職業健康大獎分享會暨頒獎典禮2009-10  
Occupational Health Award Forum and Award Presentation 2009-10
- 22 飲食業職安健福袋派發大行動
- 23 預防家庭傭工從高處墮下意外
- 24 工作與健康－預防肌肉筋骨勞損運動篇  
(腰背鍛煉)
- 28 隧道工程的高氣壓工作職安健
- 31 假期前後工地安全推廣活動
- 32 前線管理人員應如何履行工作安全責任  
個案分析Case Study
- 35 五金工人從假天花板的工字鐵跌到地上受傷死亡  
A metalworker fell from the I-beam of a false ceiling to the ground and sustained a fatal injury  
海上工作意外個案分析  
Case Study of Marine Industrial Accidents
- 39 信號員安排上的混亂引致船員受傷  
Injury caused from the chaotic arrangement of signalman
- 42 職安焦點
- 43 寰宇職安動態速遞
- 44 職安健小科學－為何搬運物件時，要盡量將物件靠近身體？
- 45 職安健辭典－認識醫療廢物
- 46 職安健活動匯報
- 48 常見的巴士司機職安健問題及相關的法規



## 職業安全健康局出版

地址：中國香港北角馬寶道二十八號匯中心十九樓

- 電話：(852) 2739 9377 • 傳真：(852) 2739 9779 • 職安熱線：(852) 2739 9000
- 職安資訊傳真服務：(852) 2316 2576 電郵：oshc@oshc.org.hk
- 網址：www.oshc.org.hk

職業安全健康局 主席：李啟明, SBS, 太平紳士

編輯委員會 總編輯：鄧華勝 編輯委員：黃黛玲、袁志明、吳敏怡

廣告代理、製作及印刷

資本財經印刷有限公司 香港中環干諾道中41號盈置大廈11樓1102室

電話：(852) 2850 7799 傳真：(852) 2826 1855

「綠十字」為職業安全健康局出版之刊物。本刊所載資料只為提供一般資料之用，而不構成對任何特定事宜之醫療、健康或任何方面之建議。個別撰稿者之意見未必代表職業安全健康局之意見。故此職業安全健康局不會為任何因依賴本刊內任何資料而引致的任何損失或損害賠償而負責。職業安全健康局謹此明文卸棄任何因本刊將所載源自第三方之所有廣告、推廣或其他資料之內容而引致及 或與之有關的責任。本刊內資料可被用作參考，但不可在未徵得職業安全健康局事先書面同意下以任何媒介複製或儲存。任何獲許可之使用必須附有下列確認聲明：“職業安全健康局出版之「綠十字」”。

©職業安全健康局2009 版權所有

## PUBLISHED BY THE OCCUPATIONAL SAFETY & HEALTH COUNCIL

19/F, China United Centre, 28 Marble Road, North Point, Hong Kong SAR, China

Tel: (852) 2739 9377 • Fax: (852) 2739 9779 • Hotline: (852) 2739 9000 • SafeFax: (852) 2316 2576

Email: oshc@oshc.org.hk • Website: www.oshc.org.hk

OCCUPATIONAL SAFETY & HEALTH COUNCIL Chairman: Mr Lee Kai-ming, SBS, JP

EDITORIAL BOARD Chief Editor: Tang Wah-shing Editorial Members: Louisa Wong, Jimmy Yuen, Akina Ng

## ADVERTISING AGENCY, PRODUCTION AND PRINTING

Capital Financial Press Limited Unit 1102, 11/F, Nexus Building, 41 Connaught Road Central, Hong Kong SAR Tel: (852) 2850 7799 Fax: (852) 2826 1855

The 'Green Cross' is published by the Occupational Safety and Health Council ("the Council"). The materials contained in this publication are provided for general information purposes only and do not constitute medical, health or any advice on any particular matter. Views expressed by individual contributors do not necessarily represent the views of the Council and the Council shall not be liable for any loss or damage which may arise from reliance on materials contained herein. The Council hereby expressly disclaims any liability arising from and/or related to the contents of all advertisements, promotional or other materials originating from third parties contained therein. The materials may be used for reference, but may not be reproduced or stored in any media without the prior written consent of the Council. Any permitted use of the materials must be accompanied by the acknowledgement "Green Cross, published by the Occupational Safety and Health Council."

©2009 Occupational Safety and Health Council