A Visit to Tuen Mun and Kwai Tsing Safe Communities

Tuen Mun and Kwai Tsing are first two districts in Hong Kong designated by the World Health Organization as Safe Communities. People and organizations who are interested to establish the Safe Communities could learn from the valuable experiences from these two districts. On 21 September 2004, a group of delegates organized by the Occupational Safety and Health Council visited Tuen Mun Hospital and Princess Margaret Hospital. The aim is to understand how the Tuen Mun and Kwai Tsing Safe Communities were developed, and what difficulties they have had to overcome.

Delegates from Sham Shui Po District Council’s Working Group on Healthy and Safe Community, representatives of the Tai Po Healthy and Safe City and Tsuen Wan Health Community Steering Committee, members of the Islands District Council, Kwun Tong District Council and Wong Tai Sin District Council, and representatives of the Community Liaison Department of the Department of Health.

Tuen Mun Hospital and Princess Margaret Hospital have both played important roles in establishing these Safe Communities, with contributions including overall planning and coordinating, as well as publicity.

Mr Albert Lee, Coordinator of Tuen Mun Safe Community emphasized that it is important to gain support from other organizations and government agencies. Tuen Mun Safe Community Project has integrated all available
The delegates visited the OSH exhibition corridor at the Tuen Mun Hospital.

Ms. Adela Lai of Princess Margaret Hospital, guided the delegates to visit the hospital’s Community Health Resource Centre.

The delegates visited the OSH exhibition corridor at the Tuen Mun Hospital.
A report on the “Community Diagnosis” Research carried out in Kwai Tsing District

The “Working Group on Injury Surveillance and Community Diagnosis” - part of the Kwai Tsing Healthy City and Safe Community, invited the Centre for Health Education and Health Promotion from the Chinese University of Hong Kong to conduct a survey on “community diagnosis”. The survey ran from October 2003 to March 2004. The objective of the survey was to solicit citizens’ opinions towards community and health within the Kwai Tsing district.

During the course of the survey, interviews were successfully conducted with 685 tenants. The survey mainly focused on health, living patterns, personal safety, frequency of exercise, and quality of life, as well as citizens’ opinions towards the environment, services, and the district’s health and safety information.

The results of this “community diagnosis” clearly reflect the mental and physical health of local residents who live in public housing estates and buildings under the government’s self-ownership scheme. They also reveal residents’ opinions on local facilities and services. The associated organizations should implement relevant measures accordingly to meet the pressing demand to turn the Kwai Tsing district into a healthy and safe community.

Background

The Healthy and Safe Community Steering Committee, invited the Committee commissioned Policy 21 Ltd., the University of Hong Kong in September 2002 to conduct an extensive community diagnosis study, which aimed to examine the root causes of the social problems and identify the factors affecting the health of the residents. The findings will enable the District Council to draw up measures according to the order of priority and gradually enhance the health and safety in the community. 1,476 households were successfully interviewed and the response rate stood at 78%.

Recommendations

Based on the information collected in the survey, it suggested the following points:

Healthy lifestyle

- to alert the residents to pay attention to their body weight;
- to encourage the residents to do more physics exercise;
- to promote “no smoking” programme
- to raise residents’ awareness of home safety.
Community facilities/district environment

- to step up enforcement against litterbugs, promote civic education and launch the “Healthy and Clean Estate” Programme;
- to submit proposals to the Government on enacting laws to regulate the management of stand-alone buildings or publicizing the names of buildings violating hygiene regulations;
- to arouse residents’ awareness of safety and health issues through educational and promotional activities with a view to developing a culture of health and safety;
- to submit proposals to the Government on prescribing maximum hours of work to reduce occupational accidents arising from long working hours;
- to target restaurants and hotels for promotion of occupational safety.

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最新活動

東涌安全健康城市徵號設計及繪畫比賽

Deadline for Application: 28 February 2005 (Monday) 5:30 p.m.
Enquiries: 2739 9377 Mr. Jimmy Chung / Ms. Cecilia Ma
Tung Chung Safe and Healthy City Steering Committee

第一屆安全社區會議—意外監察

Date: 15-16 September 2005
Venue: Trondheim, Norway
Website: www.trondheim.com/safecity

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